

Established Workshops

Leading Through Values

“What is it that I value most and how am I finding ways to bring those values to life?” This is a question that exceptional leaders ask themselves regularly. When was the last time you reflected on the “why” behind the choices you make and the way you show up every day? This session will enable you to:

- Establish your core values
- Assess how well your actions are in alignment with your values
- Create strategies to engage your values more often

Building Better Dialogue

The way we listen has a tremendous impact on the community around us. When our capacity for understanding one another grows, we enhance relationships and increase performance as individuals, teams and organizations. This session will enable you to:

- Nurture deeper connections
- Foster supportive and collaborative atmospheres
- Utilize listening and curiosity as tools for civic and social connectedness

Communicating Amid Contrast

We all bring different styles into the ways we work, lead, serve and interact with others. When we recognize that these differences have the potential to add significant value, we can overcome the challenges that contrasting styles bring. Using the *I-SPEAK Your Language*® assessment, this session will enable you to:

- Clarify your own style
- Appreciate the style of others
- Communicate effectively with people of all different styles

Managing Change & Conflict

Change is hard. So is conflict. When one often leads to the other, it's easy to enter a cycle of constant unrest. Leaders who have the ability to use change and conflict as opportunities for growth enable teams and projects to excel. By applying these concepts of the *Thomas-Killman Conflict Mode Instrument*®, this session will enable you to:

- Consider how you respond to change and conflict
- Build your awareness of how others handle conflict
- Grow your understanding of how each conflict style can be used effectively

Growing & Transforming Teams

High performing teams need more than just high performing individuals. Teams must learn and grow together and leaders need adaptive skills to navigate collective transformation. This session will enable you to:

- Navigate the stages of group development
- Recognize the responsibilities and limitations of positional power
- Exercise situational leadership